



ESTD - 1994

Affiliated to Periyar University, Salem Accredited by **NAAC** with '**A**' Grade Recognized by **UGC** under Section 2(f) & 12 (B) Recognized by **STAR** College Scheme - DBT (2018 -2021)

YRC & RRC ACTIVITIES

ANNUAL REPORT 2021-2022





MUTHAYAMMAL COLLEGE OF ARTS & SCIENCE

(A Unit of VANETRA Group)

Kakaveri, Rasipuram - 637 408, Namakkal District,

Tamil Nadu, India



www.muthayammal.in







MUTHAYAMMAL COLLEGE OF ARTS & SCIENCE, RASIPURAM YRC & RRC CELL



ANNUAL REPORT (JULY- 2021 to JUNE-2022)



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MUTHAYAMMAL COLLEGE OF ARTS AND SCIENCE, RASIPURAM COLLEGE ADVISORY COMMITTEE FOR YRC & RRC

CHAIRMAN	PRINCIPAL	Dr.S.P.VIJEIKUMAR
VICE-CHAIRMAN	YRC& RRC PROGRAMME OFFICER	Dr.P.SELVAMALEESWARAN/BT
MEMBER	YRC& RRC ASSISTANT CO ORDINATOR	Mr.SIVASANKARAN/TAM
MEMBER	YRC & RRC	Mrs. T.VADIVU/CHE
MEMBER	YRC & RRC	Mr. S.MAHARAJAN/BC
MEMBER	YRC STUDENT CHAIRMAN	NAVEEN.S/BT
MEMBER	YRC STUDENT SECRETARY	SURESH S/CHE

Name	Dr. S.P. VIJEIKUMAR	
Department	PRINCIPAL	
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Name	S.MAHARAJAN
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Name	NAVEEN.S
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Cell Mail ID	yrcrrc@muthayammal.in
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Name	SURESH S
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Introduction

The Red Cross, established in 1863 in Geneva, by Jean Henry Dunant, is an International Organisation meant for humanitarian services. Its headquarers is in Geneva, Switzerland with many affiliated National Red Cross and Red Crescent Societies. It is a non-religious, non-political and non sectarian International body. Regardless of either frontiers or race, the Red Cross remains a voluntary organisation and also an independent one having considerable welfare activities to its credit.

The seven fundamental principles of the International Red Cross and Red Crescent Movement are

- > Humanity
- > Impartiality
- Neutrality
- > Independence
- Voluntary Service
- Unity
- Universality

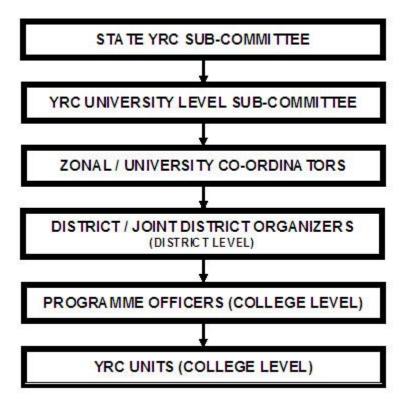
Red Cross Society functions with the one and only aim of serving people in distress without any consideration of caste, religion, language and nationality.

The Indian Red Cross Society serves as an auxiliary to the State authorities engaged in social welfare activities accepting the rules and regulations of the State, but at the same time maintaining its autonomy so that it can act always in accordance with the fundamental principles.

What is Youth Red Cross?

The Youth Red Cross is the most important constituent of its mother organization, Indian Red Cross. It is a group movement organized at the initial stages for students between 18 and 25 years of age within the colleges. A qualified lecturer is recognized as the leader and he is called the Programme Officer under his guidance, the students are trained and encouraged to manage the affairs of the group, electing their own office-bearers.

YRC ORGANISATIONAL SETUP



YRC Song:

Darthi karo nirmal karo beeda prabu hey

Jeevan karo vujval nava jyothi baro hey - (2)

Dukki janonki seva hum kare - (2)

Baththali thonko gale lagale - (2)

Shanthi badha shanthi kaarya shanthi varada hey!

Jeevan karo vujval nava jyothi baro hey!

Nava jyothi baro hey, nava jyothi baro hey!

YRC Programme Officers Pledge:

As a Programme Officer of Youth Red Cross, I Promise to serve, to work loyally for the promotion of Health and the relief of suffering and distress, wherever I may find it and to hold in friendship youth of all Nations.

YRC Member Pledge:

I Pledge myself to care my own health and that of others, to help the sick and suffering specially children and to look upon the youth allover the world as my friends.

Guideline for students

THE BLOOD DONOR SELECTION PROCESS

Donor registration

All prospective donors who meet the general criteria for blood donation such as age and good health should be registered when they attend a blood donation session. Only individuals in good health should be accepted as blood donors. Good health is difficult to define, but certain associated parameters may be established from a brief medical history, observation and simple tests.

Essential donor registration information includes the individual's full name, date of birth, gender and contact details.

Pre-donation information

Pre-donation information provides an opportunity for the prospective donors to know about health conditions or high-risk behaviour that would make them unsuitable to donate blood.

AGE

The lower age limit for blood donation in most countries is 18 years, although in some countries national legislation permits 16–17 year-olds to donate provided that they fulfil the physical and hematological criteria required and that appropriate consent is obtained.

The usual upper age limit for blood donation is 65 years

DONOR APPEARANCE AND INSPECTION

The prospective donor should appear generally well and should not be febrile, breathless or suffering from a persistent cough. Donors should be observed to rule out malnutrition or any debilitating condition.

The colour of exposed skin and mucous membranes should be normal, with no jaundice, cyanosis, flushing or pallor, and no signs of skin infection, rash or obviously enlarged lymph nodes.

WEIGHT

It is important to set weight limits for blood donation to protect donors from adverse effects, in particular vasovagal episodes and anaemia. Low body weight and low blood volume have been shown to be independent predictors for vasovagal reactions

Donor should weigh at least 45 kg to donate 350 ml (\pm 10%) or 50 kg to donate 450 ml \pm 10%

Prospective donors of apheresis platelet or plasma donations should weigh at least 50 kg

VITAL SIGNS

Pulse

A normal pulse rate of 60-100 per minute and a regular rhythm are indicators of good health

Body temperature

A prospective donor who is febrile – defined as a core oral temperature more than 37.6°C

Blood pressure (BP)

A normal blood pressure (systolic 120–129 mmHg, diastolic 80–89 mmHg) is generally regarded as an indicator of good health

Haemoglobin screening

International and national guidelines commonly recommend minimum haemoglobin levels of 12.5 g/dl for females and 13.5 g/dl for males.

Frequency of donation

The minimum interval between donations of whole blood should be 12 weeks for males and 16 weeks for females

The minimum interval between donations of platelets should be 4 weeks

The minimum interval between donations of plasma should be 2 weeks

FLUID INTAKE AND FOOD

The BTS should consider providing 500 ml drinking water to donors before donation to minimize the risk of vasovagal reactions

Who are Eligible to Donate Blood?

Any healthy adult, both male and female, can donate blood. Men can donate safely once in every three months while women can donate every four months.

Good health of the donor must be fully ensured. The universally accepted criteria for donor selection are:

- Age between 18 and 60 years
- Haemoglobin not less than 12.5 g/dL
- Pulse between 50 and 100/minute with no irregularities
- Blood Pressure -Systolic 100-180 mm Hg and Diastolic 50 100 mm Hg
- Temperature Normal (oral temperature not exceeding 37.50C)
- Body weight not less than 45 Kg

Health conditions: The donor should be in a healthy state of mind and body. They should fulfill the following criteria:

- 1. Past one year not been treated for Rabies or received Hepatitis B immune globulin.
- 2. Past six months not had a tattoo, ear or skin piercing or acupuncture, not received blood or blood products, no serious illness or major surgery, no contact with a person with hepatitis or yellow jaundice.
- 3. Past three months not donated blood or been treated for Malaria.

- 4. Past one month had any immunizations.
- 5. Past 48 hours taken any antibiotics or any other medications (Allopathic or Ayurveda or Sidha or Homeo)
- 6. Past 24 hours taken alcoholic beverages
- 7. Past 72 hours had dental work or taken Aspirin
- 8. Present not suffering from cough, influenza or sore throat, common cold
- 9. Women should not be pregnant or breast feeding her child
- 10. Women donor should not donate during her menstrual cycles
- 11. Free from Diabetes, not suffering from chest pain, heart disease or high
- BP, cancer, blood clotting problem or blood disease, unexplained fever Ever had TB, bronchial asthma or allergic disorder, liver disease, kidney disease, fits or fainting, blue or purple spots on the skin or mucous membranes, received human pituitary growth hormones etc

M. Rambulvar, 160B/34; 19 B.Sc Brotechs Multiagammal Co 0F Arts & Scient RasiPuram	Rasipuran	il College of Arts & Science ,	Through YRC & RRC Co-Ordinator Muthayammal College of Arts & Science . Rasipuram
emergency of my in APP So I am willing to give my blood	d B.sc Bioto blood Hospital I to that patient. So ples	for an patient ase grand me permission for going tyou	to that hospital.
Date: 22- 9.17 Place: 209) Puram.	OD OF MY OWN INT	TEREST NOT ANY COMPULSI	Your's obediently M. Ru aut
Class incharge	HODA	YRC & RRC Co-Ordinator	PRINCIPAL.
STUDENT PHONE NO:	ADDRESS AT	5/23 Thuagarajo	Namy kovil (51)

MUTHAYAMMAL COLLEGE OF ARTS & SCIENCE, RASIPURAM HEALTH INSURANCE AWARENESS PROGRAMME ORGANIZED BY YRC & RRC CELL IN COLLABORATION WITH

STAR HEALTH INSURANCE, SALEM

DATE: 07.07.2021

OBJECTIVE:

- > To ensure adequate, qualitative, preventive & curative health care to people of the State.
- The focus is on using health insurance to improve access to health care and protect households from catastrophic health expenditure.
- > To improve hospital services at the primary, secondary & tertiary levels in terms of infrastructure, drugs & personnel

AGENDA:





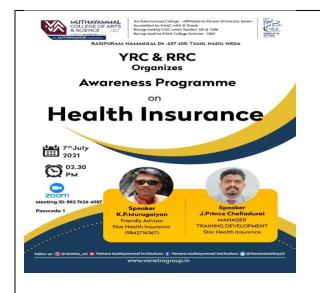


MUTHAYAMMAL COLLEGE OF ARTS & SCIENCE YRC & RRC CELL

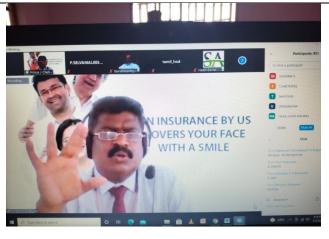
Webinar on "Health Insurance Awareness Programme"

Date:07.07.2021	Wednesday	Time: 02:30 PM			
	Venue: Zoom meet				
Welcome Address	Programme Agend: Dr.P.SELVAMAL: YRC / RRC Co-Ord Muthayammal Colle Rasipuram-637 408	EESWARAN, linator ege of Arts & Science,			
Principal Address	: Dr. S.P. VIJEIK U Principal, Muthayammal Colle Rasipuram-637 408	MAR, ege of Arts and Science,			
Felicitation Address	: Dr. R. SELVAKU Academic Director, Vanetra Muthayamm Rasipuram-637 408.	nal Institution,			
Keynote Address	: Dr. M.Ramam Head Social Activ				
Lecture Session	: Mr. K.P.MURUGA Friendly Advisor, Star Health Insurance				
	Mr. J.PRINCE CHE Manager- Training D Star Health Insurance	evelopment			
Vote of Thanks	: Mr. N.RADHAKRIS Assistant Professor Department of Micro Muthayammal Colle Rasipuram-637 408.				

PHOTOGRAPHS:









TOTAL NUMBER OF PARTICIPANTS: 175 TEACHING STAFF MEMBERS

FEEDBACK:

Teaching staff members of various departments have attended the health insurance awareness programme. They were aware about the various health insurance policies.

MUTHAYAMMAL COLLEGE OF ARTS & SCIENCE, RASIPURAM ORIENTATION PROGRAMME FOR VOLUNTEERS

ORGANIZED BY

YRC & RRC CELL

DATE: 01.09.2021 & 25.10.2021

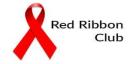
OBJECTIVE:

To awareness among the students to donate the blood in saving the lives and also creating the social responsibility among the student community.

AGENDA:







MUTHAYAMMAL COLLEGE OF ARTS & SCIENCE YRC & RRC CELL

ORIENTATION PROGRAMME FOR YRC & RRC VOLUNTEERS

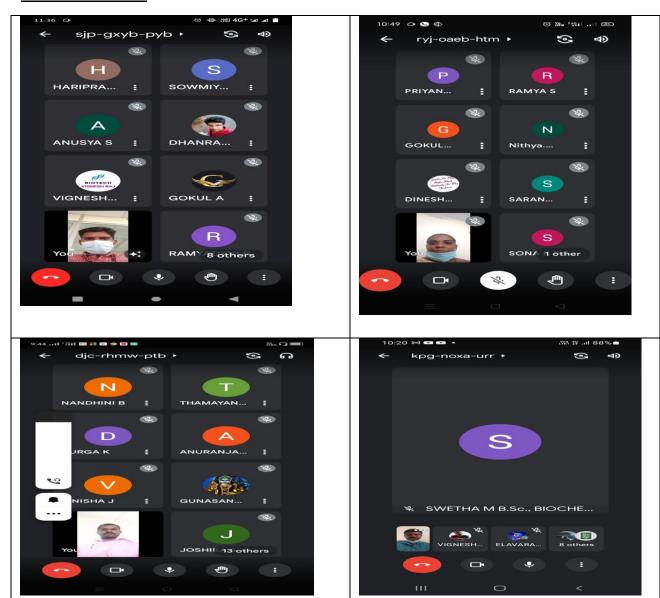
01.09.2021 & 25.10.2021

01.45 PM

Venue: MCAS CLASS ROOMS DETAILS OF ORIENTATION

S.NO	NAME OF THE STAFF	DEPARTMENT
1	P.SELVAMALEESWARAN	BIOTECH, ZOO, BIOCHE, TFD
2	B.SIVASANKARAN	PHY,MATHS, E&C, HMCS, ENGLISH
3	S. MAHARAJAN	COMMERCE, MICROBIOLOGY, STAT
4	T. VADIVU	CHEMISTRY, BBA,BCA, CS

PHOTOGRAPHS:



TOTAL NO OF PARTICIPANT : 2000

FEEDBACK:

Volunteers of various departments have attended the Orientation programme. They were eager and willing to donate the blood with the guidelines of donation for saving the lives.

MUTHAYAMMAL COLLEGE OF ARTS & SCIENCE, RASIPURAM

VACCINATION CAMP

ORGANIZED BY

YRC & RRC CELL IN COLLABORATION WITH

PRIMARY HEALTH CENTRE, VADUGAM

DATE: 23.10.2021

OBJECTIVE:

The list below indicates a number of potential public health goals to be achieved,

possibly sequentially, as part of the vaccination campaign against COVID-19. The vaccination

strategy required to efficiently achieve each goal is then described in detail. • Reduction of

pressure on the healthcare system; • Reduction of overall COVID-19 severity and mortality; •

Re-opening of society; • Disease elimination.

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AGENDA:







MUTHAYAMMAL COLLEGE OF ARTS & SCIENCE YRC & RRC CELL IN COLLABORATION WITH

PRIMARY HEALTH CENTRE, VADUGAM

23.10.2021 09.45 AM

Venue: D-BLOCK

Guest Receiving : Dr.P.Selvamaleeswaran, Co-Ordinator, YRC/RRC

Chief Guest : Manikandan, Health inspector

Primary Health Centre, Vadugam

Dr. R.Selvakumaran Academic Director

Vanetra Muthayammal Educational Institutions

Dr. S.P.Vijeikumar

Principal

Muthayammal College of Arts & Science, Rasipuram

Dr. A. Stella Baby Vice Principal

Muthayammal College of Arts & Science, Rasipuram

Dr. M.N.Periyasamy Dean, Administration, MCAS, Rasipuram.

Mr.M.Ramamoorthy

Head

Social Activities

Guest Honoring

Vaccination : MCAS Students

PHOTOGRAPHS:





TOTAL NO OF STUDENTS VACCINATED

23.10.2021 (SATURDAY): 175

FEEDBACK:

Students are so grateful that have had our vaccine; they thought everything was very well organized. They were eager and willing to vaccinate.

MUTHAYAMMAL COLLEGE OF ARTS & SCIENCE, RASIPURAM BLOOD DONATION CAMP

ORGANIZED BY

YRC & RRC CELL IN COLLABORATION WITH

Primary Health Centre, Pillanallur

DATE: 27/10/2021

OBJECTIVE:

To promote the awareness among the students to donate the blood in saving the lives and also creating the social responsibility among the student community.

AGENDA:







MUTHAYAMMAL COLLEGE OF ARTS & SCIENCE YRC & RRC CELL IN COLLABORATION WITH

Primary Health Centre, Pillanallur

27th OCT 2021 Wednesdayday 09.45 AM

Venue: Physics MCAS

Guest Receiving : Dr.P.Selvamaleeswaran, Co-Ordinator, YRC/RRC

Chief Guest : Dr. K.Saravanakumar

Primary Health Centre, Pillanallur

Dr. R.Selvakumaran Academic Director

Vanetra Muthayammal Educational Institutions

Dr. A. Stella Baby Vice Principal

Muthayammal College of Arts & Science, Rasipuram

Dr. S.P.Vijeikumar Dean, Academics, MCAS, Rasipuram.

Dr. M.N.Periyasamy Dean, Administration, MCAS, Rasipuram.

Mr.M.Ramamoorthy

Head

Social Activities

Guest Honoring

Blood Donation : MCAS Student volunteers

PHOTOGRAPHS:









TOTAL UNIT OF BLOOD DONATED : 54 Units by our student Volunteer

Department wise Blood Donors List

S.NO	DEPARTMENT	TOTAL NO OF STUDENTS	TOTAL UNITS
1	COMMERECE	16	16
2	BBA	6	6
4	BIOCHEMISTRY	2	2
5	MICROBIOLOGY	3	3
6	CS	7	7
7	ENGLISH	4	4
8	MATHS	1	1
9	BIOTECHNOLOGY	4	4
10	CA	9	9
	STAFF	2	2
TOTAL		54	54

FEEDBACK:

Students of various departments have attended the Blood donation camp.

They were eager and willing to donate the blood with the guidelines of donation for saving the lives.

MUTHAYAMMAL COLLEGE OF ARTS & SCIENCE, RASIPURAM

VACCINATION CAMP

ORGANIZED BY

YRC & RRC CELL IN COLLABORATION WITH

Primary Health Centre, Vadugam

DATE: 27/11/2021 & 30/11/2021

OBJECTIVE:

The list below indicates a number of potential public health goals to be achieved,

possibly sequentially, as part of the vaccination campaign against COVID-19. The vaccination

strategy required to efficiently achieve each goal is then described in detail. • Reduction of

pressure on the healthcare system; • Reduction of overall COVID-19 severity and mortality; •

Re-opening of society; • Disease elimination.

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AGENDA:







MUTHAYAMMAL COLLEGE OF ARTS & SCIENCE YRC & RRC CELL IN COLLABORATION WITH

Primary Health Centre, Vadugam

27th & 30th NOV 2021 09.45 AM

Venue: A-BLOCK, MCAS

Guest Receiving : Dr.P.Selvamaleeswaran, Co-Ordinator, YRC/RRC

Chief Guest : Manikandan, Health inspector

Primary Health Centre, Vadugam

Dr. R.Selvakumaran Academic Director

Vanetra Muthayammal Educational Institutions

Dr. S.P.Vijeikumar

Principal

Muthayammal College of Arts & Science, Rasipuram

Dr. A. Stella Baby Vice Principal

Muthayammal College of Arts & Science, Rasipuram

Dr. M.N.Periyasamy Dean, Administration, MCAS, Rasipuram.

Mr.M. Rama moorthy

Head

Social Activities

Guest Honoring

Vaccination : MCAS Students

PHOTOGRAPHS:









TOTAL NO OF STUDENTS VACCINATED

27-11-2021 (SATURDAY): 377

30-11-2021(TUESDAY): 164

27-11-2021 (SATURDAY): 377

S.NO	COLLEGE	BOYS	GIRLS	TOTAL
1	MCAS	134	199	333
2	MPTI	12	1	13
3	STAFF MEMBERS			31
TOTAL				377

30-11-2021(TUESDAY): 64

S.NO	COLLEGE	BOYS	GIRLS	TOTAL
1	MCAS	123	26	149
2	MPTI	14	-	14
3	MCED		01	01
TOTAL				164

FEEDBACK:

Students are so grateful that have had our vaccine; they thought everything was very well organized. They were eager and willing to vaccinated.

MUTHAYAMMAL COLLEGE OF ARTS & SCIENCE, RASIPURAM

AWARENESS ON AIDS (WORLD AIDS DAY CELEBRATION)

ORGANIZED BY

YRC & RRC CELL

DATE: 06/12/21

OBJECTIVE:

To promote the awareness among the students about the spread of Aids

and preventive measures of HIV.

TOPIC DEALT WITH:

HIV stands for human immunodeficiency virus. If left untreated, HIV can lead to the

disease AIDS (acquired immunodeficiency syndrome).

Unlike some other viruses, the human body can't get rid of HIV completely. So once you have

HIV, you have it for life.

HIV attacks the body's immune system, specifically the CD4 cells (T cells), which help

the immune system fight off infections. If left untreated, HIV reduces the number of CD4 cells

(T cells) in the body, making the person more likely to get infections or infection-related cancers.

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Over time, HIV can destroy so many of these cells that the body can't fight off infections and disease. These opportunistic infections or cancers take advantage of a very weak immune system and signal that the person has AIDS, the last state of HIV infection.

No effective cure for HIV currently exists, but with proper treatment and medical care, HIV can be controlled.

The medicine used to treat HIV is called antiretroviral therapy or ART. If taken the right way, every day, this medicine can dramatically prolong the lives of many people with HIV, keep them healthy, and greatly lower their chance of transmitting the virus to others. Today, a person who is diagnosed with HIV, treated before the disease is far advanced, and stays on treatment can live a nearly as long as someone who does not have HIV.

AIDS stands for acquired immunodeficiency syndrome. AIDS is the final stage of HIV infection, and not everyone who has HIV advances to this stage.

AIDS is the stage of infection that occurs when your immune system is badly damaged and you become vulnerable to *opportunistic infections*. When the number of your CD4 cells falls below 200 cells per cubic millimeter of blood

HIV is not spread easily. Only certain body fluids from a person who has HIV can transmit HIV:

- Blood
- Semen (cum)
- Pre-seminal fluid (pre-cum)
- Rectal fluids
- Vaginal fluids
- Breast milk

•

These body fluids must come into contact with a mucous membrane or damaged tissue or be directly injected into your bloodstream (by a needle or syringe) for transmission to occur. Mucous membranes are found inside the rectum, vagina, penis, and mouth.

HIV does not survive long outside the human body (such as on surfaces) and it cannot reproduce outside a human host. It **is not** spread by:

• Air or water

- Mosquitoes, ticks or other insects
- Saliva, tears, or sweat that is not mixed with the blood of an HIV-positive person
- Shaking hands, hugging, sharing toilets, sharing dishes/drinking glasses, or closed-mouth or "social" kissing with someone who is HIV-positive
- Drinking fountains
- Other sexual activities that don't involve the exchange of body fluids (for example, touching).

PHOTOGRAPHS:













FEEDBACK:

- Student of Ist UG & PG Biotech, CA, Chemistry, Biochemistry, Microbiology
 - and Electronics & communication participated in this programme.
- They were eager and willing to participate in this programme.
- They were willing to participate this type of programme in future
- They greeted the management for arranging this type of awareness programme which will be helpful in their life.

MUTHAYAMMAL COLLEGE OF ARTS & SCIENCE, RASIPURAM DENGUE AWARENESS PROGRAMME

ORGANIZED BY

YRC & RRC CELL

DATE: 08/12/21

1. Objective

To create awareness about the symptoms, preventive and remedial measures of Dengue and spread an awareness about the disease to the public through our students

2. Agenda



VANETRA Muthayammal Institutions Rasipuram, Namakkal DT



DENGUE AWARENESS PROGRAMME Organized by YRC /RRC

08.12.2021	Wednesday	11.20 AM
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Venue: B - Block Conference Hall, MCAS

11.20 AM Welcome Address : Dr. P. Selvamaleeswaran

Co-Ordinator, YRC & RRC

11.25 AM Introductory Remarks : Dr. S. P. Vijeikumar

Principal-VMCAS

11.30 AM Felicitation : Dr. A. Stella Baby

Vice Principal-VMCAS

: Dr. M. N. Periyasamy

Dean- Administration, VMCAS

11.40 AM Presidential Address : Dr. R. Selvakumaran

Director Academics

VANETRA Muthayammal Institutions

11.45 AM Chief Guests Address : Dr. T. Shamila MBBS

Medical Officer,

Prim. Health Centre, Vadugam Dr. S. Lakshmipriya MBBS LR Clinic, Rasipuram

12.05 PM Public Awareness : Mr. P. Sengottuvel

Block Inspector, Pillanallur

Mr. K. Manikandan

(Alumni 2008-2010 Batch)

Health Inspector

Prim. Health Centre, Vadugam

12.20 PM Vote of Thanks : Dr. D. Kavitha

Asst. Professor, Dept. of Biotechnology

3. Programme Title: Dengue Awareness Programme

4. Details of the programme

YRC / RRC cell was conducted the Dengue Awareness Programme on 08.12.2021 at Our College. In this programme, Dr. P.Selvamaleeswaran, YRC/RRC, Co-Ordinator proposed welcome address. Dr. R. Selvakumaran, Director-Academics VANETRA Muthayammal Institutions, honored our Chief guest, Dr.T.Sharmila, M.B.B.S., Medical Officer, Primary Health Care, Vadugam, Dr. S.P.Vijei Kumar, Principal, Muthayammal College of Arts & Science, honored the Chief guest, Dr.N.Lakshmipriya, M.B.B.S., LR Clinic, Rasipuram, Dr. A. Stella Baby honored the Chief guests, Mr. P. Sengottuvel, Block Inspector, Pillanalur and our Alumni (2008-2010 Batch) Mr. K. Manikandan, Health Inspector, Primary Health Care, Vadugam, with Shawl and Memento. Dr.T.Sharmila, M.B.B.S., explained about the Dengue viruses caused fever symptoms, preventive and remedial measures. Dr.N.Lakshmipriya, M.B.B.S., explained the disease is widespread throughout the tropics, with local spatial variations in risk influenced strongly by rainfall, temperature and unplanned rapid urbanization. The actual numbers of dengue cases are underreported and many cases are misclassified. Recent study reported, of the prevalence of dengue, estimates that 3900 million people, in 128 countries, are at risk of infection with dengue viruses. Mr. P. Sengottuvel, Block Inspector, explained the control measures of Dengue mosquitoes spreading. Our Alumni) Mr.K.Manikandan (2008-2010 Batch, Health Inspector, Vadugam delivered a speech on the life cycle of Aedes Mosquitoes, Dengue fever and its treatment Methods. Dr. D.Kavitha, Asst. Prof., Department of Biotechnology delivered vote of thanks. In this programme, Our Principal Dr. S. P. Vijiekumar had given the Introductory Remarks of the programme. Vice-Principal Dr. A. Stella Baby, delivered her felicitation address, Dr. R. Selvakumaran, Director-Academics VANETRA Muthayammal Institutions, delivered Presidential Address. Biotechnology, Microbiology, Biochemistry, HMCS, TFD, Statistics & Zoology Department Staff members and students were participated.

5. Photos













6. Feedback

- Created awareness about the symptoms, preventive and remedial measures of Dengue among the Staff Members and Students
- This programme is useful for the students and they may spread this information to the public
- All the Students were satisfied with the arrangement for the awareness programme.

MUTHAYAMMAL COLLEGE OF ARTS & SCIENCE, RASIPURAM

VACCINATION CAMP

ORGANIZED BY

YRC & RRC CELL IN COLLABORATION WITH

PRIMARY HEALTH CENTRE, JEDARPALAYAM

DATE: 24.12.2021

OBJECTIVE:

The list below indicates a number of potential public health goals to be achieved, possibly sequentially, as part of the vaccination campaign against COVID-19. The vaccination strategy required to efficiently achieve each goal is then described in detail. • Reduction of pressure on the healthcare system; • Reduction of overall COVID-19 severity and mortality; • Re-opening of society; • Disease elimination.

AGENDA:







MUTHAYAMMAL COLLEGE OF ARTS & SCIENCE YRC & RRC CELL IN COLLABORATION WITH

PRIMARY HEALTH CENTRE, JEDARPALAYAM

24.12.2021 09.45 AM

Venue: A-BLOCK

Guest Receiving : Dr.P.Selvamaleeswaran, Co-Ordinator, YRC/RRC

Chief Guest :

Dr. R.Selvakumaran Academic Director

Vanetra Muthayammal Educational Institutions

Dr. S.P.Vijeikumar

Principal

Muthayammal College of Arts & Science, Rasipuram

Dr. A. Stella Baby Vice Principal

Muthayammal College of Arts & Science, Rasipuram

Dr. M.N.Periyasamy Dean, Administration, MCAS, Rasipuram.

Mr.M.Ramamoorthy

Head

Social Activities

Guest Honoring

Vaccination : MCAS Students

PHOTOGRAPHS:









TOTAL NO OF STUDENTS VACCINATED

24.12.2021 (Friday): 164

FEEDBACK:

Students are so grateful that have had our vaccine; they thought everything was very well organized. They were eager and willing to vaccinate.

MUTHAYAMMAL COLLEGE OF ARTS & SCIENCE, RASIPURAM BLOOD DONATION CAMP

ORGANIZED BY

YRC & RRC CELL IN COLLABORATION WITH

Maruthi Blood Bank, SALEM

DATE: 29.12.2021

OBJECTIVE:

To promote the awareness among the students to donate the blood in saving the lives and also creating the social responsibility among the student community.

AGENDA:







MUTHAYAMMAL COLLEGE OF ARTS & SCIENCE YRC & RRC CELL IN COLLABORATION WITH

Maruthi Blood Bank, SALEM

29.12.2021 Wednesday 09.45 AM

Venue: Physics lab, MCAS

Guest Receiving : Dr.P.Selvamaleeswaran, Co-Ordinator, YRC/RRC

Chief Guest : Dr. R.Selvakumaran

Academic Director

Vanetra Muthayammal Educational Institutions

Dr. S.P.Vijeikumar

Principal

Muthayammal College of Arts & Science, Rasipuram

Dr. A. Stella Baby Vice Principal

Muthayammal College of Arts & Science, Rasipuram

Dr. M.N.Periyasamy Dean, Administration, MCAS, Rasipuram.

Mr. S.M.Venkatachalam

Regional Blood Transfusion Centre

Maruthi Blood bank,

Salem.

Mr.M.Ramamoorthy

Head

Social Activities

Guest Honoring

Blood Donation : MCAS Student volunteers

PHOTOGRAPHS:









TOTAL UNIT OF BLOOD DONATED: 85 Units by our student Volunteer

Department wise Blood Donors List

S.NO	DEPARTMENT	TOTAL NO OF STUDENTS	TOTAL UNITS
1	COMMERECE	28	29
2	BBA	06	06
3	CHEMISTRY	08	08
4	PHYSICS	10	10
5	MATHS	02	02
6	BIOTECHNOLOGY	06	06
7	E & C	09	09
8	TFD	02	02
9	ZOOLOGY	04	04
10	HMCS	07	07
11	CA	03	03
TOTAL	•	85	85

FEEDBACK:

Students of various departments have attended the Blood donation camp.

They were eager and willing to donate the blood with the guidelines of donation for saving the lives.

MUTHAYAMMAL COLLEGE OF ARTS & SCIENCE, RASIPURAM

VACCINATION CAMP

ORGANIZED BY

YRC & RRC CELL IN COLLABORATION WITH

Primary Health Centre, Vadugam

DATE: 06/01/2022 & 07/01/2022

OBJECTIVE:

The list below indicates a number of potential public health goals to be achieved,

possibly sequentially, as part of the vaccination campaign against COVID-19. The vaccination

strategy required to efficiently achieve each goal is then described in detail. • Reduction of

pressure on the healthcare system; • Reduction of overall COVID-19 severity and mortality; •

Re-opening of society; • Disease elimination.

46

AGENDA:







MUTHAYAMMAL COLLEGE OF ARTS & SCIENCE YRC & RRC CELL IN COLLABORATION WITH

Primary Health Centre, Vadugam

06th & 07th JAN 2022 09.45 AM

Venue: A-BLOCK & B-BLOCK MCAS

Guest Receiving : Dr.P.Selvamaleeswaran, Co-Ordinator, YRC/RRC

Chief Guest : Manikandan, Health inspector

Primary Health Centre, Vadugam

Dr. R.Selvakumaran Academic Director

Vanetra Muthayammal Educational Institutions

Dr. S.P.Vijeikumar

Principal

Muthayammal College of Arts & Science, Rasipuram

Dr. A. Stella Baby Vice Principal

Muthayammal College of Arts & Science, Rasipuram

Dr. M.N.Periyasamy Dean, Administration, MCAS, Rasipuram.

Mr.M.Ramamoorthy

Head

Social Activities

Guest Honoring

Vaccination : MCAS Students

PHOTOGRAPHS:









TOTAL NO OF STUDENTS VACCINATED

06.01.2022 (Thursday): 610

07.01.2022(Friday): 204

FEEDBACK:

Students are so grateful that have had our vaccine; they thought everything was very well organized. They were eager and willing to vaccinated.

MUTHAYAMMAL COLLEGE OF ARTS & SCIENCE, RASIPURAM

VACCINATION CAMP

ORGANIZED BY

YRC & RRC CELL IN COLLABORATION WITH

Primary Health Centre, Vadugam

DATE: 02/02/2022

OBJECTIVE:

The list below indicates a number of potential public health goals to be achieved, possibly sequentially, as part of the vaccination campaign against COVID-19. The vaccination strategy required to efficiently achieve each goal is then described in detail. • Reduction of pressure on the healthcare system; • Reduction of overall COVID-19 severity and mortality; • Re-opening of society; • Disease elimination.

(1) to determine whether one dose of mRNA vaccine can boost neutralizing antibodies against SARS-CoV-2 in individuals who have previously received two doses of inactivated COVID-19 vaccines, and (2) to assess the reactogenicity and safety of heterologous 3rd doses of vaccination. The specific primary objective of this study is to assess the vaccine (humoral) immunogenicity, proxy by SARS-CoV-2 serum neutralizing antibody titers, of a 3rd dose dose of mRNA vaccine (using BNT162b2, Fosun/BioNTech) at 28 days after the booster dose in individuals who have previously received two doses of any inactivated COVID-19 vaccines

AGENDA:







MUTHAYAMMAL COLLEGE OF ARTS & SCIENCE YRC & RRC CELL IN COLLABORATION WITH

Primary Health Centre, Vadugam

02.02.2022 09.45 AM

Venue: A-BLOCK, MCAS

Guest Receiving : Dr.P.Selvamaleeswaran, Co-Ordinator, YRC/RRC

Chief Guest : Manikandan, Health inspector

Primary Health Centre, Vadugam

Dr. S.P.Vijeikumar

Principal

Muthayammal College of Arts & Science, Rasipuram

Dr. A. Stella Baby Vice Principal

Muthayammal College of Arts & Science, Rasipuram

Dr. M.N.Periyasamy Dean, Administration, MCAS, Rasipuram.

Mr.M.Ramamoorthy

Head

Social Activities

Guest Honoring

Vaccination : MCAS Teaching & Non teaching

PHOTOGRAPHS:









TOTAL NO OF VACCINATED : 56

FEEDBACK:

Teaching and non teaching staff members are so grateful that have had our vaccine; they thought everything was very well organized. They were eager and willing to vaccinated.

MUTHAYAMMAL COLLEGE OF ARTS & SCIENCE, RASIPURAM CANCER AWARENESS PROGRAMME ORGANIZED BY YRC & RRC CELL IN COLLABORATION WITH GEM HOSPITAL, COIMBATORE

DATE: 04.02.22

OBJECTIVE:

Create cancer awareness and remove the stigma and fear attached. Help people recognize the early signs and symptoms of cancer, thus enabling them to seek treatment at an early stage.

AGENDA:



VANETRA MUTHAYAMMAL INSTITUTIONS

Rasipuram – 637408, Namakkal DT.



YRC & RRC in association with GEM Hospital

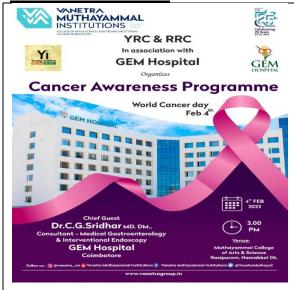
Cancer Awareness Programme

04.02.202	2	Friday	
	B – Block C	onference Hall	
3.00 PM	Welcome Address	: Dr.P.Selvamale	eswaran
		Coordinator - Y	RC&RRC
		MCAS	
3.05 PM	Introductory Remarks	: Dr.R.Selvakum	naran
		Director – Acad	emics
		VANETRA Mutha	yammal Institutions
		Rasipuram	
3.15 PM	Keynote Address	: Dr.C.G.Sridha	r MD, DM
		Medical Superir	ntendent
		Consultant – Me	edical
		Gastroenterolog	y &
		Interventional E	ndoscopy
		GEM Hospital &	Research Centre
		Coimbatore	
3.45 PM	Interaction Session & Feedba	ck	
3.55 PM	Vote of Thanks	: Mr.B.Sivasank	aran
		Assistant Coordina	tor - YRC&RRC
		MCAS	

Details of the programme

YRC / RRC cell was conducted the cancer Awareness Programme on 04.02.22 at Our College. In this programme, Dr. P.Selvamaleeswaran, YRC/RRC, Co-Ordinator proposed welcome address. Dr. R. Selvakumaran, Director-Academics VANETRA Muthayammal Institutions, honored our Chief guest, Dr.C.G.Sridhar MD, DM., Consultant - Medical Gastroenterology & Interventional Endoscopy, GEM Hospital & Research Centre, Coimbatore Dr. S.P.Vijei Kumar, Principal, Muthayammal College of Arts & Science, honored the Mr. Anandkumar PR Manager, GEM Hospital & Research Centre, Coimbatore Er. S.Balsubramanian MPTI, Principal honored the Mr. Seeyas, marketing executive GEM Hospital & Research Centre, Coimbatore with Shawl and Memento. Dr.C.G.Sridhar MD, DM. explained the goal of breast cancer awareness campaigns is to raise the public's "brand awareness" for breast cancer, its detection, its treatment, and the need for a reliable, permanent cure. Prevention of cancer Don't use tobacco. Using any type of tobacco puts you on a collision course with cancer, Eat a healthy diet, Maintain a healthy weight and be physically active, Protect yourself from the sun, Get vaccinated, Avoid risky behaviors, Get regular medical care and also he explain the blood cancer, lung cancer, cervical cancer. Mr.B.Sivasankaran, YRC/RRC, Assistant Co-Ordinator., Department of Tamil delivered vote of thanks. In this programme, Dr. R. Selvakumaran, Director-Academics had given the Introductory Remarks of the programme. All the teaching Staff members and managers of VMI were participated.

PHOTOGRAPHS:









<u>TOTAL NUMBER OF PARTICIPANTS</u>: 250 Teaching Staff Members

FEEDBACK:

Various department HOD'S and all the teaching staff members have attended the cancer awareness programme.

- Created awareness about the symptoms, preventive and remedial measures of cancer among the Staff Members.
- All the Staff members were satisfied with the arrangement for the awareness programme.

MUTHAYAMMAL COLLEGE OF ARTS & SCIENCE, RASIPURAM ORGANIZED BY

YRC & RRC CELL IN COLLABORATION WITH NATIONAL TUBERCULOSIS ELIMINATION PROGRAMME, NAMAKKAL AWARENESS PROGRAMME ON TUBERCULOSIS

DATE: 21.03.2022

OBJECTIVE:

To promote the awareness among the students to reduce the incidence of and mortality due to TB. To prevent further emergence of drug resistance and effectively manage drug-resistant TB cases. and also creating the social responsibility among the student community.

AGENDA:







MUTHAYAMMAL COLLEGE OF ARTS & SCIENCE YRC & RRC CELL IN COLLABORATION WITH NATIONAL TUBERCULOSIS ELIMINATION PROGRAMME, NAMAKKAL

AWARENESS PROGRAMME ON TUBERCULOSIS

21th MAR 2022 MONDAY 02.45 PM

Venue: Conference Hall

Guest Receiving : Mr. B.Sivasankaran, Asst Co-Ordinator YRC/RRC

Welcome address : Mrs. T.Vadivu

Asst. Professor

Department of Chemistry

Guest Honoring

Principal Address : Dr. S.P. Vijeikumar

Principal

MCAS, Rasipuram.

Felicitation : Dr. R. Selvakumaran

Director Academics MCAS, Rasipuram.

Mr.M.Ramamoorthy

Head

Social Activities MCAS, Rasipuram.

Chief Guest Address : Dr. P. Vasudevan, MBBS., DTCD

Deputy Director Tuberculosis, Namakkal

Mr. C.K. Ramachandran

Health Educater Tuberculosis, Namakkal

Mr. S.Kapil

District Programme Coordinator Tuberculosis, Namakkal

Speech Competition

Vote of Thanks : Mr. B.Sivasankaran, Assistant Co-Ordinator YRC/RRC

Assistant Professor Department of Tamil MCAS, Rasipuram. YRC / RRC cell was conducted the Awareness Programme on Tuberculosis on 21.03.2022 at Our College. In this programme, Mrs. T. Vadivu, Assistant Professor Chemistry proposed welcome address. Dr. R. Selvakumaran, Director-Academics VANETRA Muthayammal Institutions, honored our Chief guest, Dr. P. Vasudevan, MBBS., DTCD Deputy Director Tuberculosis, Namakkal. Dr. P. Vasudevan, M.B.B.S., explained about the Tuberculosis, preventive and remedial measures. The theme of World TB Day 2022 - 'Invest to End TB. Save Lives.' –conveys the urgent need to invest resources to ramp up the fight against TB and achieve the commitments to end TB made by global leaders. This is especially critical in the context of the COVID-19 pandemic that has put End TB progress at risk, and to ensure equitable access to prevention and care in line with WHO's drive towards achieving Universal Health Coverage. B.Sivasankaran, Asst. Prof. Department of Tamil delivered vote of thanks. In this programme, Dr. R. Selvakumaran, Director-Academics VANETRA Muthayammal Institutions, delivered Presidential Address. Biotechnology, Microbiology, Biochemistry, HMCS, TFD,Chemistry, BBA, Statistics & Zoology Department Staff members and students were participated. In this programme speech competition also conducted.

PHOTOS













TOTAL UNIT OF PARTICIPANTS: 350 students

FEEDBACK:

for saving the lives.

Students of various departments have attended the Blood donation camp.

They were eager and willing to donate the blood with the guidelines of donation













RED RIBBON PROGRAMME OFFICER MEETAND THE PEER EDUCATORS TRAINING PROGRAMME

ATTENDED BY

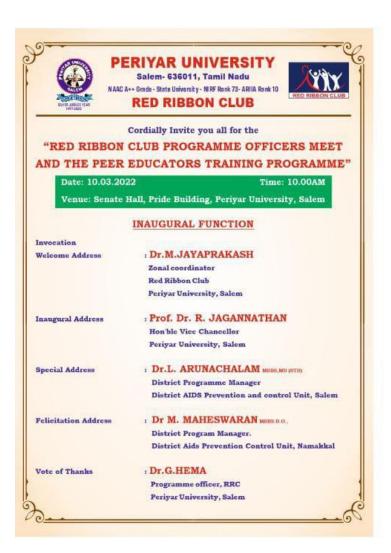
B.Sivasankaran ASSISTANT CO-ORDINATOR-YRC/RRC S.Gowtham II BSC Biotech & S.Suresh II BSC Chemistry, RRC Volunteers

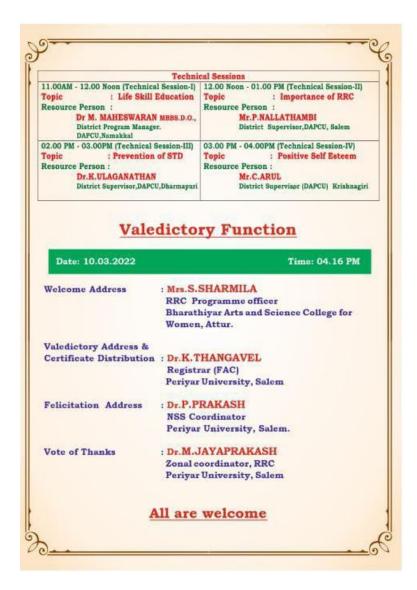
DATE: 10/03/2022

OBJECTIVE:

To obtain information related with Red Ribbon Club and their activities.

AGENDA:





TOPIC DEALT WITH:

The seminar focused on highlighting the Indian Red Cross Society and Youth Red Cross activities for the forth coming years and their application.

The orientation programme has 4 sessions which was handled by the technical expertise.

RED RIBBON ACTIVITIES

It was handled by Dr.M.Jayaprakash, zonal coordinator, Periyar University, Salem. He explains about the activities done in the past year and to be done in the forth coming year by the Red Ribbon Club in the colleges comes under the Periyar University Salem.

He explains importance of Blood donation camp and awareness camp.

SESSION – I to III (BLOOD DONATION CAMPS & HIV AWARENESS)

The session was handled by Mr. P.Nallathambi, District supervisor, DAPCU, Salem. He explains the criteria to be followed for collecting the blood from the students and conducting the Blood donation camp in the college.

The criteria includes

- ♣ Age group between 18 to 60
- ♣ Volunteer only used for donation
- **♣** Time period for donation is to be 3 months etc..
- * The most common symptoms of recent HIV infection are severe flu-like symptoms, including a sore throat and fever, and a rash on the chest. Other symptoms can include fatigue, nausea and diarrhoea.
- * Around 70-90% of people recently infected with HIV experience these symptoms, and they are unusual in otherwise healthy people so should indicate the need for an HIV test if they occur within six weeks of sex without a condom (especially with a new or casual partner).
- * After two to three weeks these symptoms will disappear, and even if you see a doctor they may fail to recognise the signs of early HIV infection. A person with HIV may then live for many years without any further symptoms or indications that they are HIV positive.
- * An AIDS diagnosis takes place at such a late stage of infection when one or more of the most commonly experienced illnesses linked to HIV occurs (known as an AIDS-defining illness).

* Highly effective HIV medication will prevent the HIV infection from damaging the immune system so severely and can stop opportunistic infections or AIDS-defining illnesses.

SESSION – IV (ENVIRONMENTAL AWARENESS With Youth)

Handled by Mr.C. Arul, District supervisor, DAPCU, krishnagiri. He explains about the abusement of nature by our human activities in the environment. And the changes take place by the activities. He infused to preserve the nature and to plant more trees by the help of youth in our district.

PHOTOGRAPH:









FEEDBACK:

Got information about the activities done and to be done by Red Ribbon Club in every colleges. Got more information in current trends of activities.

CERTIFICATE:



THREE DAYS ZONAL LEVEL ORIENTATION PROGRAMME FOR YRC VOLUNTEERS AND PROGRAMME OFFICERS

ATTENDED BY

- 1. Mr. B. Sivasankaran, AP/TAMIL
- 2. Mr. S. Gowtahm, II B.Sc., BT
- 3. Mr. S. Suresh, II B.Sc., Chemistry

Venue: Periyar University, Salem Date: 28th Mar to 30th Mar 2022

OBJECTIVE:

To obtain information related with Indian Red Cross Society and their activities.

AGENDA:



PROGRAMME	Topic		
		: History of Red Cross	
	Resource Person	: Dr.D.SAKTHI	
28.03.2022 (Monday)		YRC-District organizer, Dharmapuri	
		Session-II (12.00 noon - 01.00 PM)	
09.30 am to 10.00 am - Registration 10.00 am to 10.15am Flag Hoisting		: Environment and Health	
	Resource Person	: Dr.K.MURUGESAN	
INALIGURAL FUNCTION			
INAUGURAL FUNCTION		Department of Environmental Science, Periyar University, Session-III (02.00 PM – 03.15 PM)	Saler
D-M IAVADDAKACH	Topic	: Drug Abuse and Tobacco Awareness	
	Resource Person		
Zonal coordinator , Youth Red Cross			
Periyar University, Salem			
Port Por Portagonia Principal			
	Resource Person		
Hon'ble Vice Chancellor	1100- Sostanialdi, Petiyai diliversity, Saletii		
Periyar University, Salem	Date: 29 th March 2022 (Day-II)		
Dr. R. HARI KRISHNARA I	09.00 AM-09.30AM	: Flag Hoisting 09.30 AM-10.00AM :	Reca
	Tania		
Salem	Resource Ferson	Associate Professor	
		Department of Management Studies, Periyar University, Sal	em
: Mr.ANIL LAXMICHAND		Session- VI (11.30 AM -01.00 PM)	
Vice President	Topic	: Yoga & Meditation	
	Resource Person	: Mr.S. MOTHILAL NEHRU	
IRCS Salem District Branch		Yoga Master, Periyar University, Salem Session-VII (02.00 PM – 03.15 PM)	
D- DVA DIVE	Topic	: Disaster Management	
The region of the second secon	Resource Person	: Mr. K.S.LOGANATHAN	
Assistant Professor			
YRC-District organizer	Tonic		
Salem Sowdeswari College, Salem-10	Resource Person		
		YRC District Organiser, Namakkal	
	: Prof. Dr. R. JAGANNATHAN Hon'ble Vice Chancellor Periyar University, Salem : Dr. R. HARI KRISHNARAJ Syndicate Member Principal Padmavani Arts & Science College for Women Salem : Mr.ANIL LAXMICHAND Vice President IRCS Salem District Branch : Dr.P.VADIVEL, Assistant Professor	Dr.M.JAYAPRAKASH Zonal coordinator , Youth Red Cross Periyar University, Salem Prof. Dr. R. JAGANNATHAN Hon'ble Vice Chancellor Periyar University, Salem Dr. R. HARI KRISHNARAJ Syndicate Member Principal Padmavani Arts & Science College for Women Salem Mr.ANIL LAXMICHAND Vice President IRCS Salem District Branch Dr.P.VADIVEL, Assistant Professor YRC-District organizer Topic Resource Person	Session-III (02.00 PM – 03.15 PM) Topic Resource Person Resource Person Salem Sowdeswari College, Salem-10 Session-IV (02.00 PM – 03.15 PM) Topic Resource Person Salem Sowdeswari College, Salem-10 Session-IV (03.30 PM – 05.30 PM) Topic Resource Person Salem Sowdeswari College, Salem-10 Session-IV (03.30 PM – 05.30 PM) Session-IV (03.30 PM – 05.30 PM) Topic Resource Person Salem Sowdeswari College, Salem-10 Session-IV (03.30 PM – 05.30 PM) Session-IV (03.30 PM – 05.30

TOPIC DEALT WITH:

The programme **focused** on highlighting the Indian Red Cross Society and Youth Red Cross activities for the forth coming years and their application.

The orientation programme has 11 sessions which was handled by the technical expertise.

RED CROSS ACTIVITIES

It was handled by Dr. M.Jayaprakash, zonal coordinator, Periyar University, Salem. He explains about the activities done in the past year and to be done in the forth coming year by the Youth Red Cross society in the colleges comes under the Periyar University Salem.

He explains importance of Blood donation camp and awareness camp.

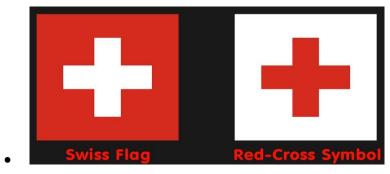
DAY-1

SESSION – I (RED CROSS HISTORY & PRINCIPLES)

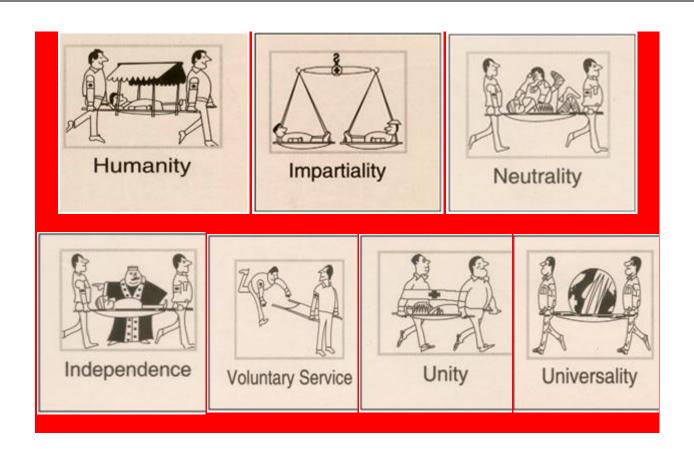
The session was handled by Dr.P.Vadivel, District Organizer, Salem.

History of Red Cross Movement

- Young Swiss businessman, Jean Henry Dunant was appalled by the condition of the wounded soldiers he happened to see in the battle field of Solferino, Italy in 1859 during the Franco - Austrian war.
- He arranged relief services with the help of the local community immediately.
- International Red Cross Movement was established by Geneva Convention of 1864.
- The name and the emblem of the movement are derived from the reversal of the Swiss national flag, to honor the country in which Red Cross was found.



- Indian Red Cross Society (IRCS) was established in 1920 under the Indian Red Cross Society Act and incorporated under Parliament Act XV of 1920. The act was last amended in 1992 and of rules were formed in 1994.
- The IRCS has 35 State / Union Territories Branches with their more than 700 districts and sub district branches.
- Honourable President of India is the President and Hon'ble Union Health Minister is the Chairman of the Society.
- The Vice Chairman is elected by the members of the Managing Body.
- The Red Cross Movement, is driven by the 7 fundamental principles which guide our humanitarian work across borders.
- we celebrate our principles which help us reach out to anyone in need and crisis.



SESSION – II (LEADERSHIP QUALITY)

The session was handed by Dr. R.SUBRAMANIA BHARATHY, Assistant Professor, Department of management studies, Periyar University, Salem.

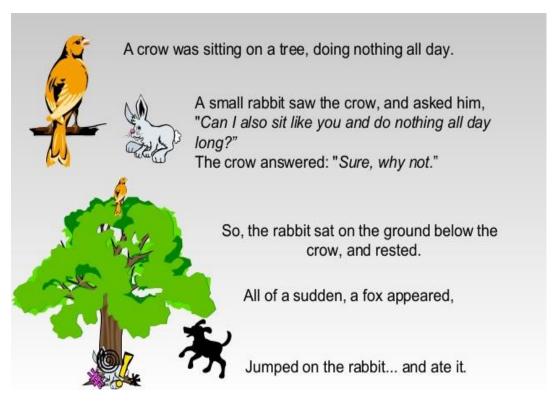
Being a leader is one of most difficult and rewarding positions

- 1) Self respect and respect for others
- 2) Know to manage failures and set backs
- 3) Able to deligate
- 4) Exhibit confidence
- 5) Sense of humour

6) Self-motivated

7) Integrity

• Said the story of Crow and Rabbit





SESSION – III & IV (FIRST AID AWARENESS)

Handled by Dr. G.Kumar, District Organizer, YRC, Krishnagiri.

First aid is the assistance given to any person suffering a sudden <u>illness</u> or <u>injury</u>, with care provided to preserve life, prevent the condition from worsening

One of the critical skills for performing effective First Aid is to insure that the scene is safe for the victim as well as everyone else present. All precautions have to be taken prior to administering the actual First Aid. If it's a traffic accident, insure that the cars driving by are aware of the accident

some general guidelines:

- 1. If the victim is responsive introduce yourself and offer help
- 2. If the victim agrees proceed with First Aid administration
- 3. If the victim refuses, call 108 and wait for the arrival with the victim
- 4. If person is unresponsive, assume that your help is needed and proceed with First Aid/CPR

DAY-2

SESSION – V (CONSEQUENCES OF CLIMATE CHANGE)

The session was handed by Dr. E.G.WESELY, YRC Programme officer, Arignar Anna Govt College, Namakkal.

Climate change affects all regions around the world. Polar ice shields are melting and the sea is rising. In some regions extreme weather events and rainfall are becoming more common while others are experiencing more extreme heat waves and droughts.

Climate change is already having an impact on health:

- There has been an increase in the number of heat-related deaths in some regions and a decrease in cold-related deaths in others.
- We are already seeing changes in the distribution of some water-borne illnesses and disease vectors
 - Climate change is happening so fast that many plants and animal species are struggling to cope.

Many terrestrial, freshwater and marine species have already moved to new locations.
 Some plant and animal species will be at increased risk of extinction if global average temperatures continue to rise unchecked.

SESSION – VI (BLOOD DONATION & AIDS AWARENESS)

The session was handed by Dr .M.Jayaprakash,, zonal coordinator, Periyar university Salem.

Blood donation:

- Blood cannot be manufactured it can only come from generous donors.
- Type O-negative blood (red cells) can be transfused to patients of all blood types. It is always in great demand and often in short supply.
- Type AB-positive plasma can be transfused to patients of all other blood types. AB plasma is also usually in short supply.
- Donating blood is a safe process. A sterile needle is used only once for each donor and then discarded.
- Blood donation is a simple four-step process: registration, medical history and miniphysical, donation and refreshments.
- Every blood donor is given a mini-physical, checking the donor's temperature, blood pressure, pulse and hemoglobin to ensure it is safe for the donor to give blood.
- The actual blood donation typically takes less than 10-12 minutes. The entire process, from the time you arrive to the time you leave, takes about an hour and 15 min.
- The average adult has about 10 units of blood in his body. Roughly 1 unit is given during a donation.
- A healthy donor may donate red blood cells every 56 days, or double red cells every 112 days.
- A healthy donor may donate platelets as few as 7 days apart, but a maximum of 24 times a year.
- All donated blood is tested for HIV, hepatitis B and C, syphilis and other infectious diseases before it can be transfused to patients.

HIV & AIDS:

- HIV stands for human immunodeficiency virus. If left untreated, HIV can lead to the disease AIDS (acquired immunodeficiency syndrome).
- Unlike some other viruses, the human body can't get rid of HIV completely. So once you have HIV, you have it for life.
- HIV attacks the body's immune system, specifically the CD4 cells (T cells), which help the immune system fight off infections.
- If left untreated, HIV reduces the number of CD4 cells (T cells) in the body, making the person more likely to get infections or infection-related cancers.
- Over time, HIV can destroy so many of these cells that the body can't fight off infections and disease.
- These opportunistic infections or cancers take advantage of a very weak immune system and signal that the person has AIDS, the last state of HIV infection.
- No effective cure for HIV currently exists, but with proper treatment and medical care, HIV can be controlled. The medicine used to treat HIV is called antiretroviral therapy or ART.
- If taken the right way, every day, this medicine can dramatically prolong the lives of many people with HIV, keep them healthy, and greatly lower their chance of transmitting the virus to others.
- Today, a person who is diagnosed with HIV, treated before the disease is far advanced, and stays on treatment can live a nearly as long as someone who does not have HIV.

SESSION – VII (FOOD & HYGINE PRACTISES)

The session was handed by Dr. T.Poongodi vijayakumar, professor & HOD, Dept of Food Science, Periyar university, Salem.

- Food is any substance consumed to provide nutritional support for the body. It is usually of <u>plant</u> or <u>animal</u> origin, and contains essential <u>nutrients</u>, such as <u>carbohydrates</u>, <u>fats</u>, <u>proteins</u>, <u>vitamins</u>, or <u>minerals</u>
- <u>Food safety</u> and <u>food security</u> are monitored by agencies like the <u>International</u>

 <u>Association for Food Protection, World Resources Institute, World Food</u>

<u>Programme</u>, <u>Food and Agriculture Organization</u>, and <u>International Food Information</u> Council.

- Most food has its origin in plants. Some food is obtained directly from plants; but even animals that are used as food sources are raised by feeding them food derived from plants.
- <u>Cereal grain</u> is a <u>staple food</u> that provides more food energy worldwide than any other type of crop. <u>Corn (maize)</u>, <u>wheat</u>, and <u>rice</u> in all of their varieties account for 87% of all grain production worldwide.
- Most of the grain that is produced worldwide is fed to livestock.
- sanitation tips to prevent food borne illnesses in food service and retail businesses. They
 are:
 - 1. Proper personal hygiene, including frequent hand and arm washing and covering cuts;
 - 2. Proper cleaning and sanitizing of all food contact surfaces and utensils;
 - 3. Proper cleaning and sanitizing of food equipment;
 - 4. Good basic housekeeping and maintenance; and
 - 5. Food storage for the proper time and at safe temperatures.

DAY-3

SESSION – IX & X (DISASTER MANAGEMENT)

The session was handed by Dr.K.S.LOGANATHAN, YRC district organizer, Namakkal.

Disaster Management can be defined as the organization and management of resources and responsibilities for dealing with all humanitarian aspects of emergencies, in particular <u>preparedness</u>, <u>response</u> and <u>recovery</u> in order to lessen the impact of disasters.

Four Principles:

*Promoting humanitarian principles and values

*Disaster management

- *Health and Care in the community.
- *Disaster preparedness.

Types of Disaster

- *Volcanos
- *Earthquake
- *Tsunami
- *Cyclone
- *Flood
- *Avalanches

Disaster:

- *Natural and Man-made
- *Before the disaster The role of volunteers
- *Awareness about in and out of all kind of disaster.
- *First aid knowledge.
- *We have to collect our area ambulance and doctors and govt . generator and free water, service contacts .
- *Arrange things required to meet the need of victims first aid kit.

Six Regional Warehouses:

- *Bahadurgarh (Hariyana)
- *Arkkonam (Tamil nadu)
- *Viramgam (Gujarat)
- *Virkoli (Maharastra)
- *Salt Lake (West Bengal)
- *Noonmati (Assam)

SESSION – XI (STRESS MANAGEMENT & YOGA PRACTISES)

The session was handed by Mr.S.Mothilal Nehru, YOGA master, Periyar university, salem.

Stress management is all about taking charge: of your lifestyle, thoughts, emotions, and the way you deal with problems. No matter how stressful your life seems, there are steps you can take to relieve the pressure and regain control

- 1. Move your body frequently—don't sit for more than an hour
- 2. Make positive face-to-face connection with other people a priority
- 3. When you can't change the stressor, learn to avoid, alter, adapt, or accept
- 4. Reduce your intake of alcohol, nicotine, and caffeine
- 5. Do something you enjoy every day
- 6. Get all the restful sleep that you need to feel your best
- 7. Learn more by reading the related articles

PHOTOGRAPH:













FEEDBACK:

Got information about the activities done and to be done by Youth Red Cross Society in every colleges. Got more information in current trends of activities.



Indian Red Cross Society tamilnadu state branch

YOUTH RED CROSS PERIYAR UNIVERSITY

NAAC A++ Grade - State University - NIRF Rank 73-ARIIA 10 Salem- 636011, Tamil Nadu



A THREE DAY ZONAL LEVEL PROGRAMME FOR
YOUTH RED CROSS VOLUMETEERS AND PROGRAMME OFFICERS



This is to Certify that Dr./Mr./Ms S. GOWTHAM B. SC BIOTECHNOLOGY

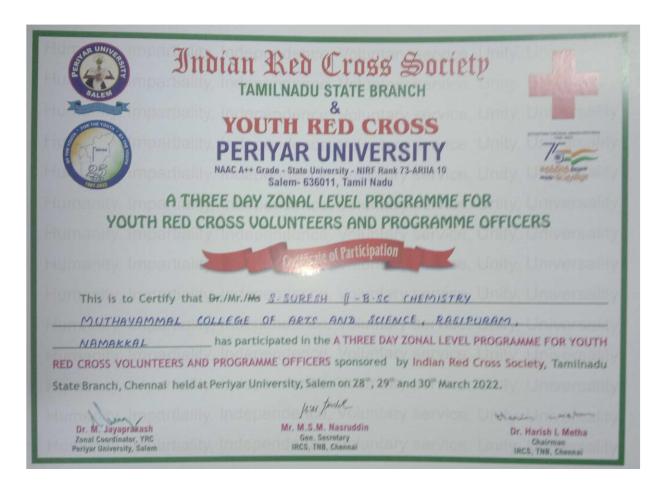
MUTHAYAMMAL COLLEGE OF ARTS AND SCIENCE, RASIPURAM

NAMAKAL has participated in the ATHREE DAY ZONAL LEVEL PROGRAMME FOR YOUTH RED CROSS VOLUNTEERS AND PROGRAMME OFFICERS sponsored by Indian Red Cross Society, Tamilnadu

State Branch, Chennai held at Periyar University, Salem on 28th, 29th and 30th March 2022.

Dr. M. Jayaptakash Zonal Coordinator, YRC Periyar University, Salem Mr. M.S.M. Nasruddin Gen. Secretary IRCS, TNB, Chennai

Dr. Harish L Metha Chairman IRCS, TNB, Chennai





Indian Red Cross Society

TAMILNADU STATE BRANCH

YOUTH RED CROSS PERIYAR UNIVERSITY

NAAC A++ Grade - State University - NIRF Rank 73-ARIIA 10 Salem- 636011, Tamil Nadu



A THREE DAY ZONAL LEVEL PROGRAMME FOR YOUTH RED CROSS VOLUNTEERS AND PROGRAMME OFFICERS



This is to Certify that Dr./Mr./Ms B. SIVASANKARAN [ASSISTANT PROFESSOR] IN TAMIL

MUTHAVAMMAL COLLEGE OF ARTS AND SCIENCE, RASIPURAM, NAMAKKAI

has participated in the A THREE DAY ZONAL LEVEL PROGRAMME FOR YOUTH

RED CROSS VOLUNTEERS AND PROGRAMME OFFICERS sponsored by Indian Red Cross Society, Tamilnadu State Branch, Chennai held at Periyar University, Salem on 28th, 29th and 30th March 2022.

Dr. M. Jayaprakash Zonal Coordinator, YRC Periyar University, Salem

Jusas pardil Mr. M.S.M. Nasruddin Gen. Secretary IRCS, TNB, Chennai

Dr. Harish L Metha Chairman IRCS, TNB, Chennai

MUTHAYAMMAL COLLEGE OF ARTS & SCIENCE, RASIPURAM BLOOD DONATION CAMP

ORGANIZED BY

YRC & RRC CELL IN COLLABORATION WITH GOVT BLOOD BANK, RASIPURAM

DATE: 11.04.2022

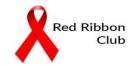
OBJECTIVE:

To promote the awareness among the students to donate the blood in saving the lives and also creating the social responsibility among the student community.

AGENDA:







MUTHAYAMMAL COLLEGE OF ARTS & SCIENCE YRC & RRC CELL IN COLLABORATION WITH

GOVT BLOOD BANK, RASIPURAM

11.04.2022 Monday 09.45 AM

Venue: Physics lab, MCAS

Guest Receiving : Mr. B.Sivasankaran, Asst Co-Ordinator, YRC/RRC

Chief Guest : Dr.R.Selvakumaran

Director - Academics

VANETRA Muthayammal Institutions

Rasipuram.

Dr. S.P. Vijeikumar

Principal

MCAS, Rasipuram.

Dr. M.N. Periyasamy Dean Administration MCAS, Rasipuram.

Dr. A. Stella Baby Vice principal

Muthayammal College of Arts & Science,

Rasipuram

Dr. A.Prabhakar

Senior Assistant Surgeon Government Blood bank,

Rasipuram.

Guest Honoring

Blood Donation : MCAS Student volunteers

PHOTOS



TOTAL UNIT OF BLOOD DONATED: 35 Units by our student Volunteer

Department wise Blood Donors List

S.NO	DEPARTMENT	TOTAL NO OF STUDENTS	TOTAL UNITS
1	CA	11	11
2	COMMERECE	10	10
4	CHEMISTRY	03	03
5	ZOOLOGY	02	02
7	BIOTECHNOLOGY	02	02
9	CS	07	07
TOTAL		35	35

FEEDBACK:

Students of various departments have attended the Blood donation camp.

They were eager and willing to donate the blood with the guidelines of donation for saving the lives.







Certificate of Appreciation

We are pleased to appreciate the noble gesture of MUTHAVANMAL COLLECTE OF ARTS & SCIENT OF ORGANIS AND SERVICE OF ORGANIS AND SERVICE OF ORGANIS AND SERVICE OF ARTS & SCIENT OF ORGANIS AND SERVICE OF ORGANIS A





Dept. of Transfusion Medicine

MEDICAL OFFICER
Rasipuram G.h.
Nameskal Dt

MUTHAYAMMAL COLLEGE OF ARTS & SCIENCE, RASIPURAM BLOOD DONATION CAMP

ORGANIZED BY

YRC & RRC CELL IN COLLABORATION WITH

Maruthi Blood Bank, SALEM

DATE: 29/04/2022

OBJECTIVE:

To promote the awareness among the students to donate the blood in saving the lives and also creating the social responsibility among the student community.

AGENDA:







MUTHAYAMMAL COLLEGE OF ARTS & SCIENCE YRC & RRC CELL IN COLLABORATION WITH

Maruthi Blood Bank, SALEM

29.04.2022 Friday 09.45 AM

Venue: Physics Lab MCAS

Guest Receiving : Dr.P.Selvamaleeswaran, Co-Ordinator, YRC/RRC

Chief Guest : Dr. A. Stella Baby

Vice Principal

Muthayammal College of Arts & Science, Rasipuram

Mr. S.M.Venkatachalam

Regional Blood Transfusion Centre

Maruthi Blood bank,

Salem.

Dr. S.P.Vijeikumar

Principal

MCAS, Rasipuram.

Mr.M.Ramamoorthy

Head

Social Activities

Guest Honoring

Blood Donation : MCAS Student volunteers

PHOTOGRAPHS:



TOTAL UNIT OF BLOOD DONATED: 83 Units by our student Volunteer

Department wise Blood Donors List

S.NO	DEPARTMENT	TOTAL NO OF STUDENTS	TOTAL UNITS
1	COMMERECE	46	46
2	ENGLISH	1	1
3	PHYSICS	5	5
4	CHEMISTRY	3	3
5	BIOCHEMISTRY	1	1
6	MICROBIOLOGY	2	2
7	CS	4	4
8	MATHS	5	5
9	CA	5	5
10	ZOOLOGY	1	1
11	EC	9	9
12	MCAS STAFF	1	1
TOTAL		83	83

FEEDBACK:

Students of various departments have attended the Blood donation camp.

They were eager and willing to donate the blood with the guidelines of donation for saving the lives.

MUTHAYAMMAL COLLEGE OF ARTS & SCIENCE, RASIPURAM VACCINATION CAMP

ORGANIZED BY

YRC & RRC CELL IN COLLABORATION WITH

Primary Health Centre, Vadugam

DATE: 30.04.2022

OBJECTIVE:

The list below indicates a number of potential public health goals to be achieved, possibly sequentially, as part of the vaccination campaign against COVID-19. The vaccination strategy required to efficiently achieve each goal is then described in detail. • Reduction of pressure on the healthcare system; • Reduction of overall COVID-19 severity and mortality; • Re-opening of society; • Disease elimination.

AGENDA:







MUTHAYAMMAL COLLEGE OF ARTS & SCIENCE YRC & RRC CELL IN COLLABORATION WITH

Primary Health Centre, Vadugam

30.04.2022 09.45 AM

Venue: A-BLOCK

Guest Receiving : Mr. B. Sivasankaran, Ass Co-Ordinator, YRC/RRC

Chief Guest : Manikandan, Health inspector

Primary Health Centre, Vadugam

Mr.M.Ramamoorthy

Head

Social Activities

Guest Honoring

Vaccination : MCAS Students

PHOTOGRAPHS:









TOTAL NO OF STUDENTS VACCINATED : 415

FEEDBACK:

Students are so grateful that have had our vaccine; they thought everything was very well organized. They were eager and willing to vaccinated.

YRC Annual Membership Renewal for Students & YRC Annual

Membership Renewal for College



Dr. S.P.Vijeikumar Principal

MCAS/2021-22/YRC/

To

Honorary Secretary Indian Red Cross Society Tamil Nadu Branch Chennai

Dear Sir,

Please find enclosed herewith a Demand Draft No.: 007430 Date: 11.05.2022 for Rs.32,794/- (Rupees Thirty Two Thousand seven hundred and ninety four rupees Only) on Canara Bank payable at Chennai. This is the renewal fee of Annual Membership for 4093 students who have enrolled this year (2021-2022) and the college Registration fee of Rs.50/-. The receipt of the DD may kindly be acknowledged.

Thank you.

PRINCIPAL, NUTHAYAMAL SOLLEGE OF ARTS & SCIENCE RASIPURAM - 637 408. Namakkal District. TamilNadu, India

Encl: 1) DD NO: 007430 Date: 11.05.2022 Amount Rs .32,794/- Canara Bank,

Rasipuram.

2) Performa

RASIPURAM 837 408 Izmii Nadu

Arfiliated to Periyar University, Salem, Tamil Nadu
College Code : 123
Accredited by NAAC with 'A' Grade
Recognized by UGC under section 2(f) & 12 (B)
Rasipuram - 637 408, Namakkal Dist., Tamil Nadu, India.
M: +91 99655 55437 | T: 04287 - 222137 | Fax: 04287 - 220227
E: info@muthayammal.in





VOUTH RED CROSS

To be duly filled in, with all the particulars requested & details as indicated and sent along with your remittance to the Secretary, Indian Red Cross Society, TNB, Chennai – 600 008.

PROFORMA

College Address

Muthayammal College of Arts and Science Kakkaveri (PO) Rasipuram (TK) Namakkal (DT) Tamil Nadu 637 408.

Contact Numbers / Fax No. Website Address

Year

2021-2022

640

483

472

1123 1152 1340

www.muthayammal.in

E-mail Address Name of the Principal : 04287 222137, 226763/ 04287 220227 principalarts@muthayammal.in Dr.S.P.Vijeikumar, M.Sc., M.Phil., Ph.D.,

1792

4093

Details of total strength

Boys

Girls

Boys+ Girls

Total Strength UG Year PG year 11 1 11 680 767 573 114 100

127

227

137

5.	Name of the YRC Programme Officer	:	Dr.P.Selvamaleeswaran, M.S.	c., M.Phil., Ph.D.,	
	Department and Phone Number	:	Assistant Professor, Department of Biotechnology Muthayammal College of Ar Kakkaveri (PO) Rasipuram (Tamil Nadu 637408 Mobile: 9894689809 Annexure I Enclosed	ts and Science,	
6.	Name of the YRC Unit student chainman Address and Phone Number		Mr. Gowtham S (Biot S/O Subramani M 106/100, Nethaji Street Kalarampatti Salem District-636006 Mobile: 6382531537	eech)	
7.	YRC Action plan for the year 2021-22 (Enclosed the details)	:	Annexure I Enclosed		
8.	YRC activities conducted (2020 -21) (Enclosed the details)	:	Annexure II Enclosed		
9.	Annual Membership fee collected from All the students i.e., '.8/- Total Strength	:	8 X 4093= 32,744 Only		
10.	Annual Registration Fee (by the Institution)	:	50 Only		
11.	Details of the YRC membership and	:	Bank Draft No.007430	Date:11.05.2022	
	Registration fee Remitted	:	Bank's Name: CANARA BA Rupees: 32,794 C		
					A

Name of the District Organizer

Dr. Loganathan Asst Professor, Thiruvallavar Govt Arts College, Rassparam-637401

(DD to be drawn in favor of Indian Red Cross Society, Tamil Nadu Branch payable at Chaepers)

Signature of PRC Programme Ollver

Signature of PRC P

यह लिखत जारी करने की तारीख से तीन महीने तक वैश्व है। Valid for three months only from the date of instrument केनरा वैंक 🗘 Canara Bank विष्णुम RASPURAM - 637 408 (0985) 009853020960 7430 D D M M11052022 INDIAN RED CROSS SOCIETY TAMIL NADU को या उनके आदेश पर Or Order प्राप्त मूल्य के लिए मांगने पर On Demand Pay THIRTY TWO THOUSAND SEVEN HUNDRED NINETY FOUR ONLY रूपये Rupees ***32,794.00 5 अदा करें For Value Received Purchaser Name: MUTHAYAMMAL COLLEGE कृते केनरा बैंक For Canara Bank ******NOT OVER Rs.32,794,00 केनरा बैंक Canara Bank There is not to the state of th TL VØ CHENNAI ACCOUNTS SECTION (1960) IGNATORY DRAWEE BRANCH, D.P. CODE "007430" 000015000: 520985" 16

IMPORTANT DAYS

1.	12th January	Youth Day(India)
2.	4th February	World Cancer Day
3.	22nd March	World Water Day
4.	24th March	World TB Day
5.	7th April	World Health Day
6.	22nd April	World Earth Day
7.	23rd -30th April	World Immunization Week
8.	25th April	World Malaria Day
9.	5th May	World Asthma Day
10.	8th May	World Red Cross Red Crescent Day
11.	31st May	World No Tobacco Day
12.	5th June	World Environment Day
13.	14th June	World Blood Donor Day
14.	21st June	International Day of Yoga
15.	12th August	International Youth Day/Anniversary of Geneva Conventions
16.	1st October	National Voluntary Blood Donation Day
17.	13th October	International Day for Disaster Reduction
18.	15th October	Global Hand washing Day
19.	14th November	World Diabetes Day
20.	15th November	World Day of Remembrance for Road Traffic Victims
21.	1st December	World AIDS Day
22.	3rd December	World Disabled Day
23.	5th December	International Volunteers Day

MUTHAYAMMAL COLLEGE OF ARTS & SCIENCE, RASIPURAM EMERGENCY BLOOD DONARS LIST YRC & RRC

MUTHAYAMMAL COLLEGE OF ARTS AND SCIENCE, RASIPURAM YRC AND RRC

EMERGENCY BLOOD DONATION DETAILS

S.NO ROLL NO STUDEN 1 20UCS178 YUVARA	T DEPART	MENT HOSPITAL AARTHI HOSPITAL, NAMAKKAL	PLACE	NO OF UNITS	DATE
S.NO ROLL NO STUDEN	T DEPART	AARTHI HOSPITAL,			DATE
		AARTHI HOSPITAL,		UNITS	DATE
1 20UCS178 YUVARA	J C CS	HOSPITAL,			
1 20UCS178 YUVARA	J C CS	<u> </u>			ı l
1 200C3176 10VAKA	J.C. CS	INAIVIANNAL		1	20.10.2021
		AARTHI			20.10.2021
		HOSPITAL,			
2 20UCS060 KAMALE	SH CS	NAMAKKAL		1	20.10.2021
	KUMAR S COMME		SALEM	1	27.11.2021
4 20UCM027 SARATH	KUMAR COMME	RCE GH	SALEM	1	27.11.2021
5 19UBT050 RAGHU	M BIOTECH	H MANIPAL	SALEM	1	27.11.2021
6 20PMB012 SHANKA	R S MICROB	SIOLOGY GOPI HOSP	TAL NAMAKKAL	1	23.11.2021
7 20PMB019 VIGNESI	HWARAN MICROB	SIOLOGY GOPI HOSP	TAL NAMAKKAL	1	23.11.2021
8 20PMB003 CHANDE	RU MICROB	SIOLOGY GOPI HOSP	TAL NAMAKKAL	1	23.11.2021
9 19UMB033 PREDHE	EPSI MICROB	SIOLOGY GOPI HOSP	TAL NAMAKKAL	1	23.11.2021
10 19UBT003 CHANDE	RU P M BIOTECH	H KN RAO	SALEM	1	24.12.2021
11 20UMA041 SREE DE	EPAK MATHS	KN RAO	SALEM	1	24.12.2021
12 20UCM067 KATHIRA	AVAN R COMME	RCE GH, RASIPU	RAM RASIPURAM	1	03.01.2021
13 21PMBC002 AJITH KU	JMAR N BIOCHE	MISTRY GH, RASIPU	RAM RASIPURAM	1	03.01.2021
14 19UBT045 PUGAZH	ENDHI BIOTECH	H GH, SALEM	SALEM	1	14.03.2022
PRAVEE	N KUMAR				
15 19UCS098 R	CS	GH, SALEM	SALEM	1	14.03.2022
		MARUTHI			
16 SATHISH	I AP/TAM	IIL BLOOD BAN	IK SALEM	1	30.03.2022
17 19UBT005 DINESH	S BIOTECH	H GH, SALEM	SALEM	1	18.03.2022
CHAKRA	VARTHY				
18 19UBT046 M	BIOTECH	H GH, SALEM	SALEM	1	18.03.2022

MUTHAYAMMAL COLLEGE OF ARTS & SCIENCE, RASIPURAM EMERGENCY BLOOD DONATION HOSPITAL NAME LIST YRC & RRC

S.NO	HOSPITAL NAME	NO OF UNITS
1	THARA HOSPITAL	4
2	SUNDARRAJAN HOSPITAL	5
3	SUGAM	2
4	MANI HOSPITAL	2
5	GANGA HOSPITAL,	2
	COIMBATORE	
6	GEM HOSPITAL	4